

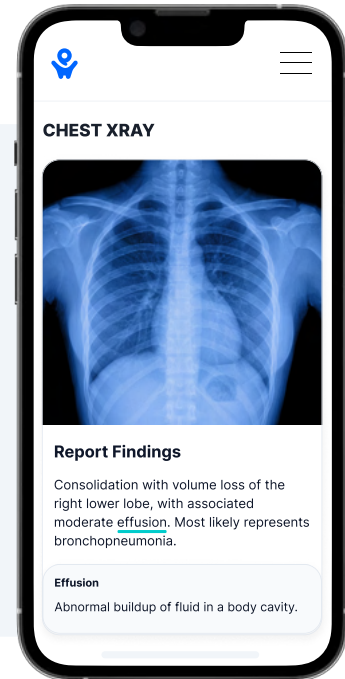
How to download & view your imaging and reports

This guide will give you step-by-step instructions on downloading, opening and viewing your imaging records on your desktop Mac.

Two Ways to Access Your Imaging:

Upgrade To View On Any Device

Visit [Pocket.Health](https://pocket.health) and log in to upgrade your membership and **view your imaging and reports instantly on any device.**



OR

Install A DICOM Viewer To View On A Desktop Mac Device

Continue with the steps on the following pages to run a DICOM viewer on your laptop or desktop, and view your results using a PocketHealth Basic plan for free.

DICOM Viewer FAQs

Why is a viewer required?

PocketHealth stores medical images and reports in a file format called DICOM (Digital Imaging and Communications in Medicine) in order to provide diagnostic quality images and ensure that images and reports are not separated. These files can only be viewed using DICOM viewers.

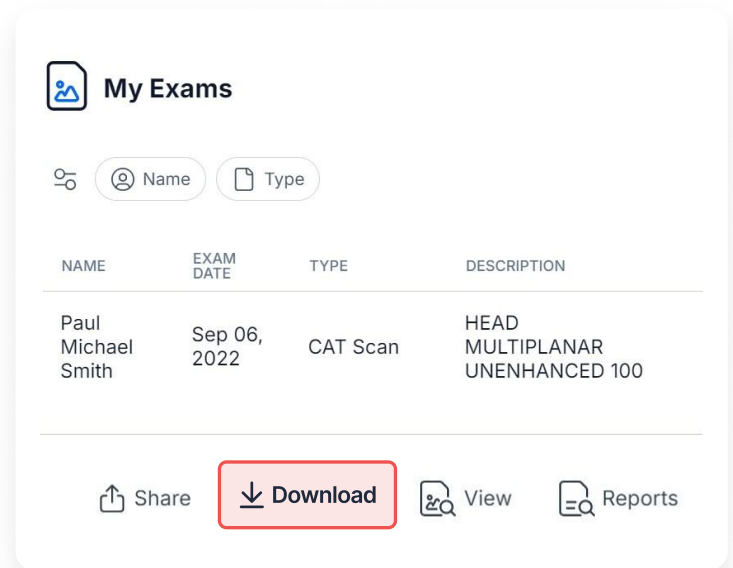
Why doesn't PocketHealth convert the images to more commonly used formats (PDF, JPEG, PNG, etc.)?

Unlike traditional image file formats (like JPEG), DICOM files are diagnostic quality and include embedded "metadata" that is required by medical professionals. Because DICOM is the industry standard file format for medical images, your images need to be in this file format for your medical professionals to be able to safely store them and view them for diagnostic purposes.

How to download and view your records on a desktop device

1 Select the records you would like to download

Log in to your PocketHealth account and [select the records](#) you would like to download and view from the “My Exams” section.

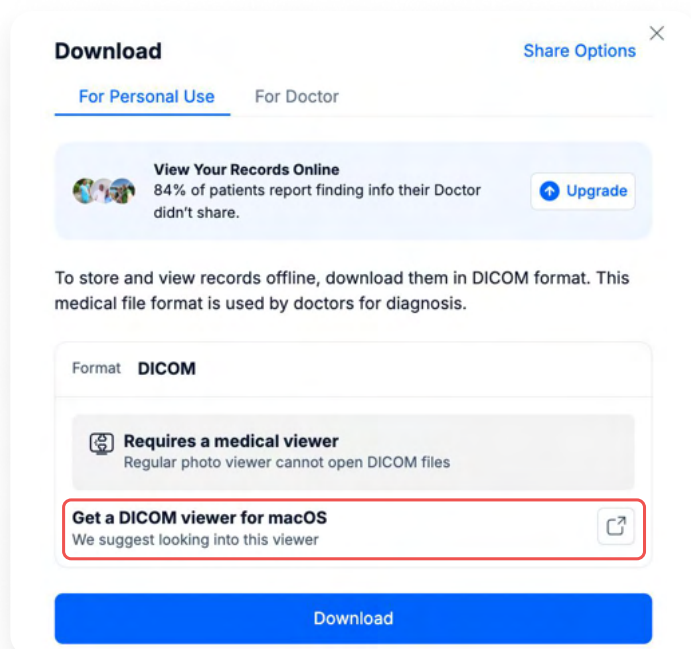


My Exams

🔍 Name 📄 Type

NAME	EXAM DATE	TYPE	DESCRIPTION
Paul Michael Smith	Sep 06, 2022	CAT Scan	HEAD MULTIPLANAR UNENHANCED 100

🔗 Share **↓ Download** 📄 View 📄 Reports



Download Share Options ✕

For Personal Use For Doctor

View Your Records Online
84% of patients report finding info their Doctor didn't share. [Upgrade](#)

To store and view records offline, download them in DICOM format. This medical file format is used by doctors for diagnosis.

Format **DICOM**

Requires a medical viewer
Regular photo viewer cannot open DICOM files

Get a DICOM viewer for macOS
We suggest looking into this viewer

Download

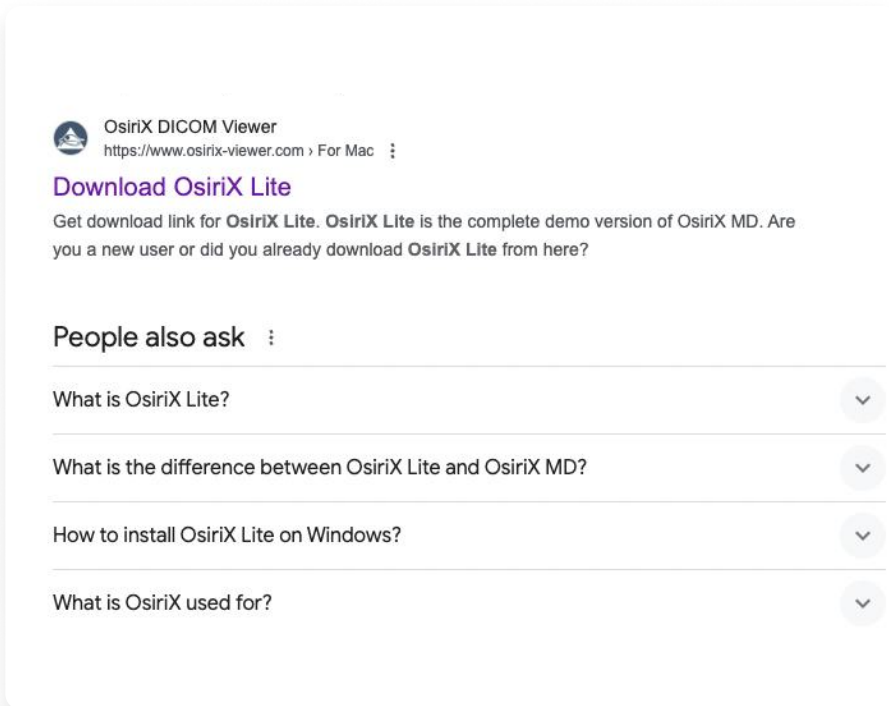
2 Download selected records

If you don't have a DICOM viewer on your computer, click '[Get a DICOM viewer for macOS](#)'

3 Download the viewer

3a

Click the link that says
'Download OsiriX Lite'*



OsiriX DICOM Viewer
https://www.osirix-viewer.com › For Mac

Download OsiriX Lite

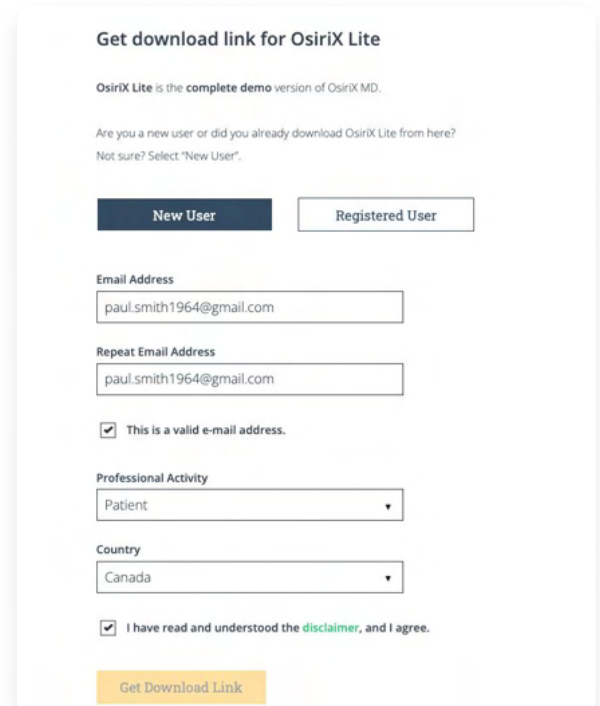
Get download link for **OsiriX Lite**. **OsiriX Lite** is the complete demo version of OsiriX MD. Are you a new user or did you already download **OsiriX Lite** from here?

People also ask

- What is OsiriX Lite?
- What is the difference between OsiriX Lite and OsiriX MD?
- How to install OsiriX Lite on Windows?
- What is OsiriX used for?

3b

Click **'New User'** and enter
your information to get a
free download link.



Get download link for OsiriX Lite

OsiriX Lite is the complete demo version of OsiriX MD.

Are you a new user or did you already download OsiriX Lite from here?
Not sure? Select "New User".

New User Registered User

Email Address
paul.smith1964@gmail.com

Repeat Email Address
paul.smith1964@gmail.com

This is a valid e-mail address.

Professional Activity
Patient

Country
Canada

I have read and understood the [disclaimer](#), and I agree.

Get Download Link

3c

Follow the steps on the page until you
have downloaded **'OsiriX Lite'**

Thank you for downloading OsiriX Lite !

Your file is being downloaded

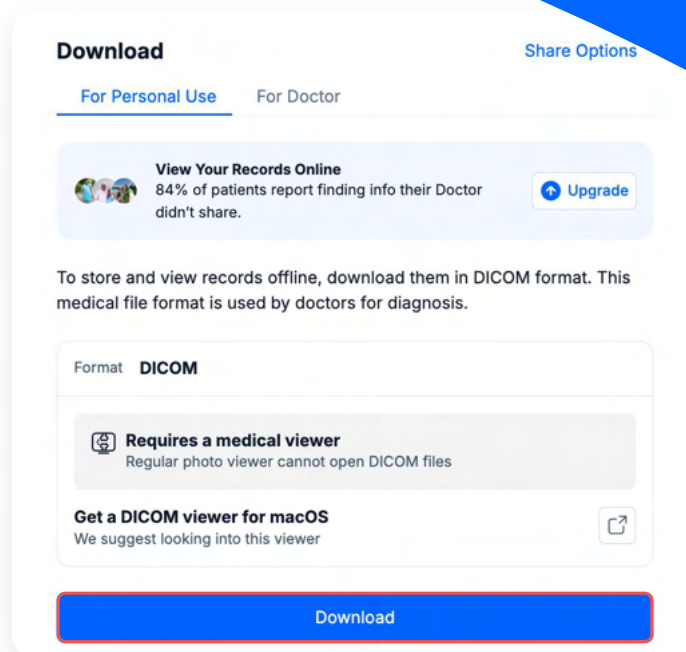
Once your download is complete, simply navigate to your **Downloads** folder and proceed to launch the installer to get started.



OsiriX_Lite.dmg

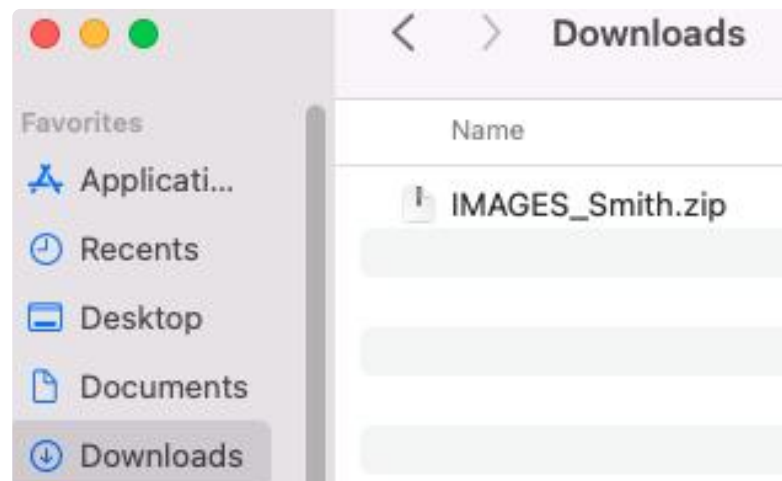
4 Download your selected records

Return to PocketHealth and download the records you would like to store/view.



5 Extract your records

Go to your 'Downloads' folder and look for your records which will be named '**IMAGES_yourlastname**'. Once located, double-click the file to unzip the folder.



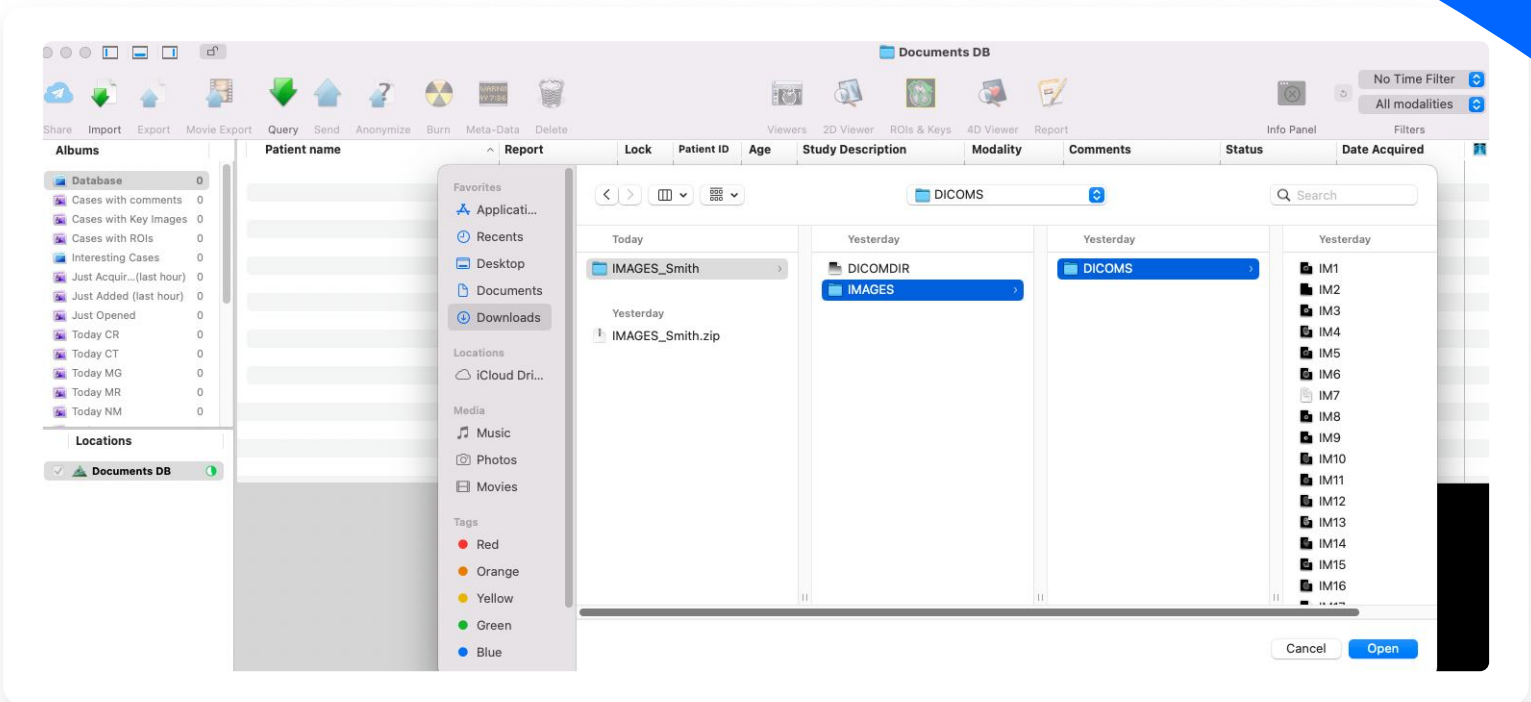
6 Open your records

Find '**OsiriX Lite**' in the Applications folder and open it.



7 Import your records

Once open click 'Import' in the top left corner. Find the folder that contains your imaging (and report if applicable) and click on the images folder → DICOMS and then select all of the files. Once done, click 'Open'



8 View your records

You will now be able to view all of your imaging (and report if included)

