

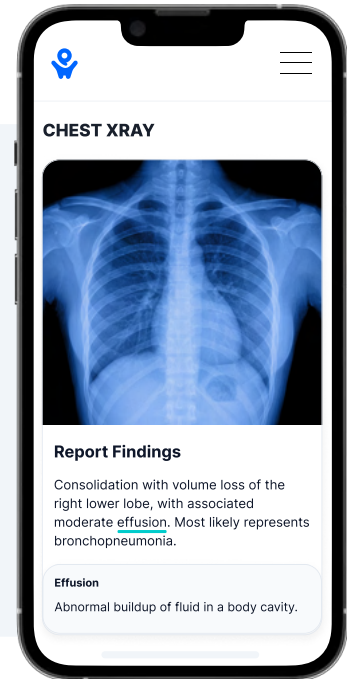
# How to download & view your imaging and reports

This guide will give you step-by-step instructions on downloading, opening and viewing your imaging records on your desktop PC.

## Two Ways to Access Your Imaging:

### Upgrade To View On Any Device

Visit [Pocket.Health](https://pocket.health) and log in to upgrade your membership and **view your imaging and reports instantly on any device.**



OR

### Install A DICOM Viewer To View On A Desktop PC Device

Continue with the steps on the following pages to run a DICOM viewer on your laptop or desktop, and view your results using a PocketHealth Basic plan for free.

## DICOM Viewer FAQs

### Why is a viewer required?

PocketHealth stores medical images and reports in a file format called DICOM (Digital Imaging and Communications in Medicine) in order to provide diagnostic quality images and ensure that images and reports are not separated. These files can only be viewed using DICOM viewers.

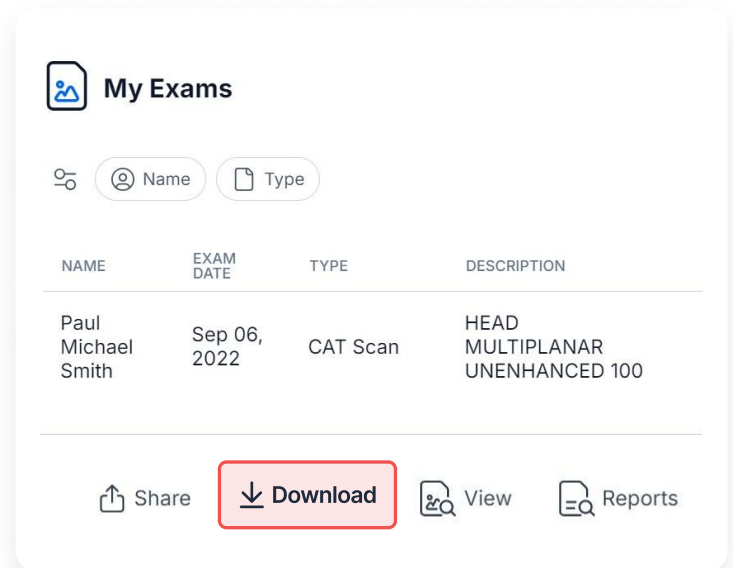
### Why doesn't PocketHealth convert the images to more commonly used formats (PDF, JPEG, PNG, etc.)?

Unlike traditional image file formats (like JPEG), DICOM files are diagnostic quality and include embedded "metadata" that is required by medical professionals. Because DICOM is the industry standard file format for medical images, your images need to be in this file format for your medical professionals to be able to safely store them and view them for diagnostic purposes.

# How to download and view your records on a desktop device

## 1 Select the records you would like to download

Log in to your PocketHealth account and [select the records](#) you would like to download and view from the “My Exams” section.



**My Exams**

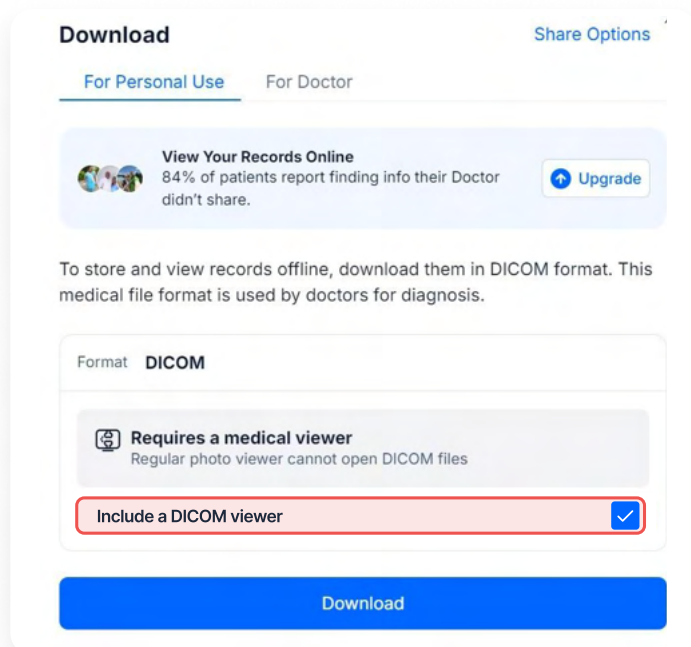
🔍 Name Type

NAME	EXAM DATE	TYPE	DESCRIPTION
Paul Michael Smith	Sep 06, 2022	CAT Scan	HEAD MULTIPLANAR UNENHANCED 100

🔗 Share **↓ Download** 📄 View 📄 Reports

## 2 Download selected records

Before hitting ‘download’ ensure that the [‘include a DICOM viewer’](#) box is checked.



**Download** Share Options

For Personal Use For Doctor

**View Your Records Online**  
84% of patients report finding info their Doctor didn't share. Upgrade

To store and view records offline, download them in DICOM format. This medical file format is used by doctors for diagnosis.

Format **DICOM**

**Requires a medical viewer**  
Regular photo viewer cannot open DICOM files

**Include a DICOM viewer**

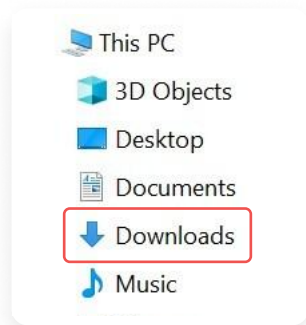
**Download**

### 3 Extract your records

Find your downloaded files and extract them from the zip folder.

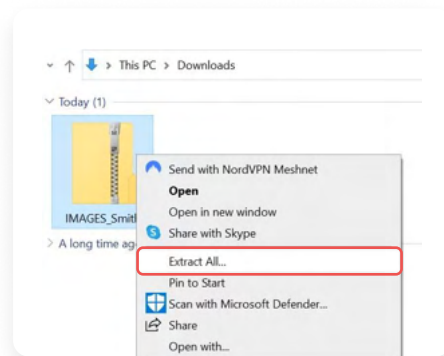
3a

Once you have downloaded your records, you must go to your **'downloads'** folder to extract them.



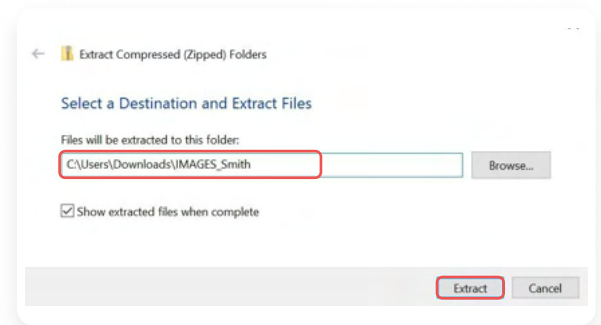
3b

In your downloads folder right click your records (files will be named *IMAGES\_yourlastname*) and click **'Extract All'**



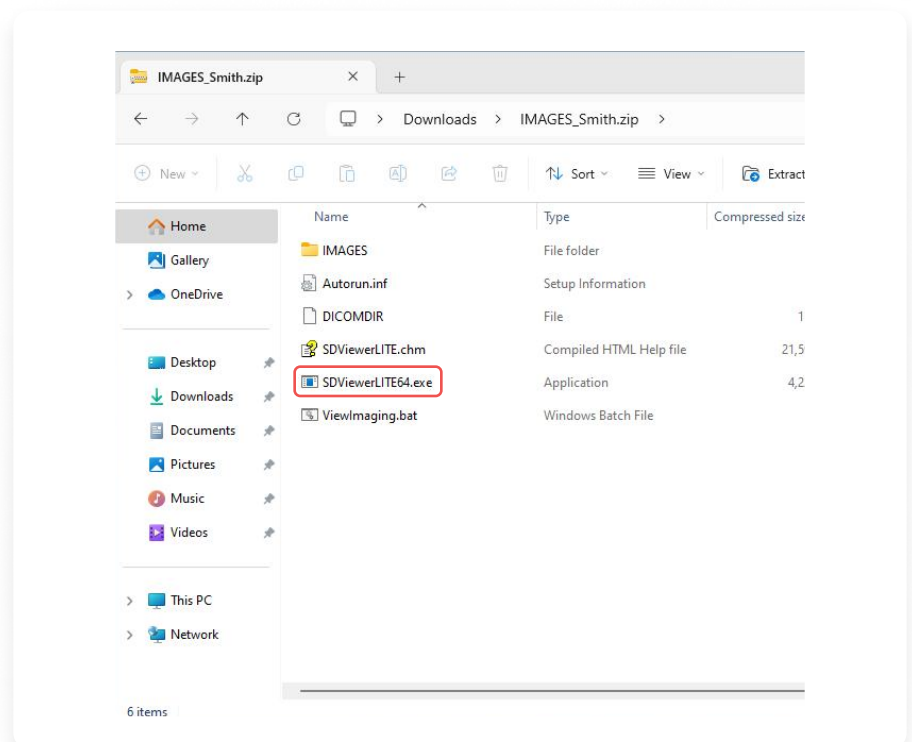
3c

Choose a new folder to extract your records or click **'Extract'**. (Note: If you don't select a new folder and hit 'extract' it will automatically create a new folder in the 'downloads' folder with your records.)



### 4 Launch the DICOM viewer

Go to the new folder you just created and open it. Click on **'SDViewerLITE64.exe'** to launch the DICOM viewer.



## 5 Open the DICOM viewer

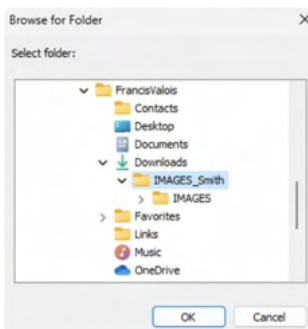
You can now view your imaging in the DICOM viewer. You'll need to import additional files in order to view the report.



## 6 Import and view your report

6a

To import your reports click on the first icon (magnifying glass in the top left of the viewer) and select your downloaded file and click OK.



6b

Scroll down to select your report and Press **<Ctrl+H>**



Patient Name: PAUL MICHAEL SMITH  
 Birth Date: 19640212  
 MRN: SMH21234201  
 Modality: CT  
 Study Description: HEAD MULTIPLANAR UNENHANCED 100

EXAM DATE: 20220906      Accession: HN00005

**Technique:**  
 Unenhanced images from the skull base to vertex were done.

**Clinical History:**  
 Fall with head injury

**Findings:**  
 - Comparison study December 21, 2019.  
 - No significant interval change.  
 - There is age appropriate cerebral atrophy. There is periventricular hypointensification consistent with chronic microangiopathic ischemic change.  
 - There is no evidence of acute ischemia, hemorrhage or intracranial mass.

**Impression:**  
 Age-appropriate atrophy and chronic microangiopathic ischemic changes. No acute findings.

**Attending Radiologist:**  
 Dr. Sarah Brown

—St. Anthony Memorial Health™  
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 For inquiries please contact St. Anthony Memorial Health at 650-833-1919

Referring Physicians: Please note that St. Anthony Memorial Health and its affiliated outpatient facilities are now using PocketHealth to electronically share & receive imaging records with its patient & provider population. Instead of CDL forwarding, if you are interested in consulting the imaging records associated with this report please ask your patient to share their access with you from within their PocketHealth account or alternatively contact the SAHM Imaging Department at (925) 833-1919 to request an immediate digital transfer of imaging files to your facility. As of 6/15/2024 we will no longer be forwarding CDs for patients or providers requesting record access.