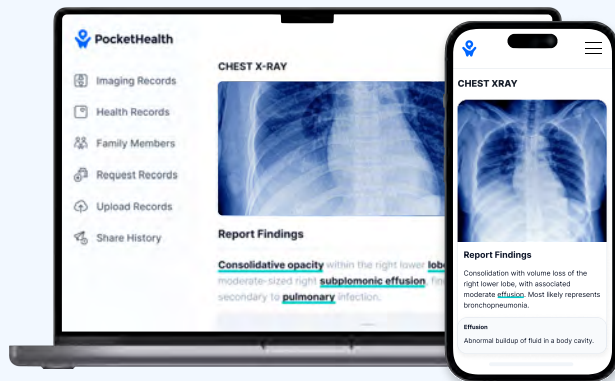


Options for Viewing and Understanding your Results

Easily View And Better Understand Your Results

Explore the features of our Core and Unlimited plans by logging in at [PocketHealth/account](https://pockethealth.com/account)

Log in



PocketHealth Core & Unlimited Plans

Easy online access via mobile and desktop devices



Better understand your health with definitions for terminology in your report



Tools to help you navigate appointments and get the best possible care



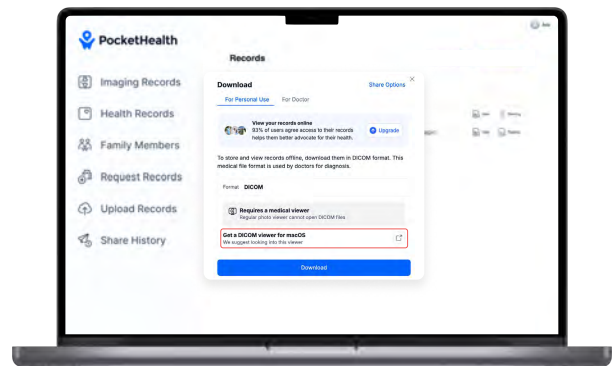
Install DICOM viewer to view on your desktop Mac device



Install A DICOM Viewer To Open Your Records On Your Mac

Follow the 8 steps in this document to install a DICOM viewer, import your downloaded records and view your results.

Install instructions on next page →



PocketHealth Basic Plan

Easy online access via mobile and desktop devices



Better understand your health with definitions for terminology in your report



Tools to help you navigate appointments and get the best possible care



Install DICOM viewer to view on your desktop Mac device



How to download and view your records on a desktop device

This guide will give you step-by-step instructions on downloading, opening and viewing your imaging records on your desktop Mac.

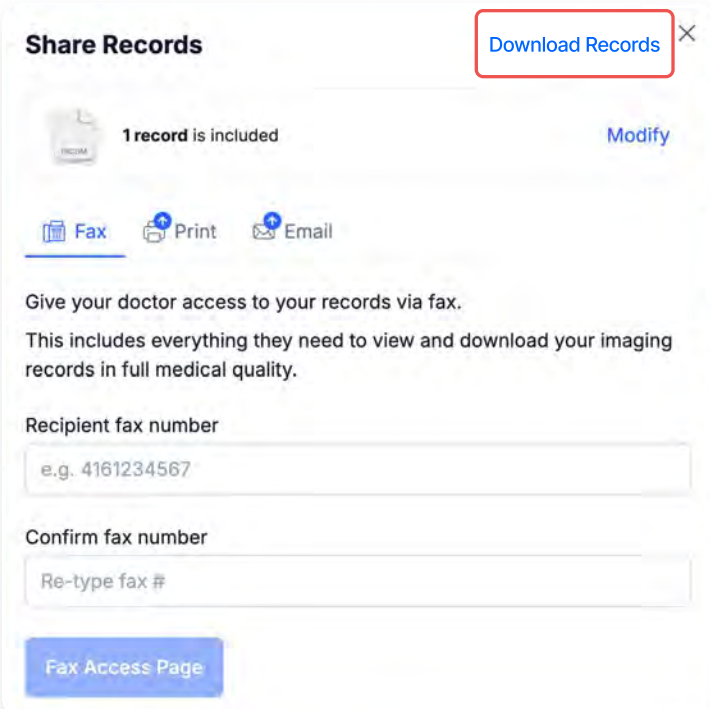
1

Select the records you would like to download


Log in to your PocketHealth account and [select the records](#) you would like to download and view from the “Imaging Records” section.

Click the [‘Share’](#) button in the top right after selecting the exam.

Click [‘Download records’](#) in the top right.



Share Records [Download Records](#) ✕

 **1 record** is included [Modify](#)

[Fax](#) [Print](#) [Email](#)

Give your doctor access to your records via fax.
This includes everything they need to view and download your imaging records in full medical quality.

Recipient fax number

Confirm fax number

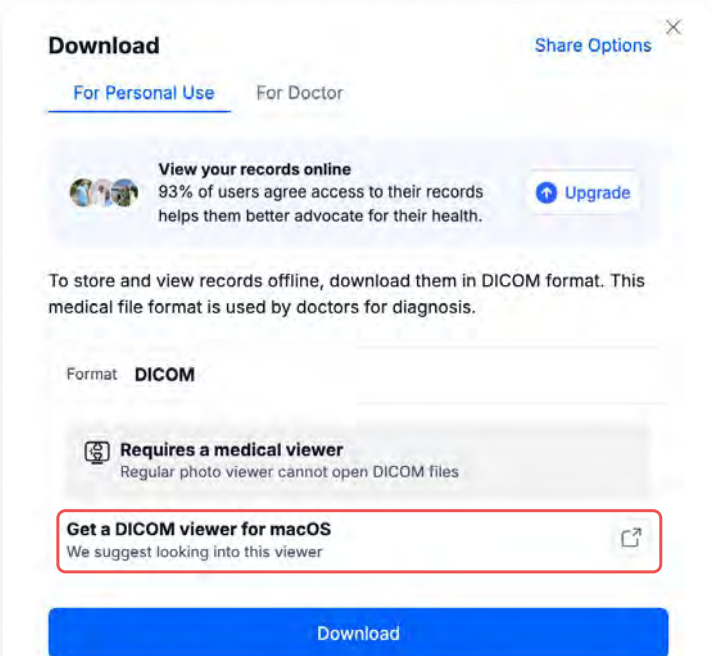
[Fax Access Page](#)

1

2


Download selected records

If you don't have a DICOM viewer on your computer, click [‘Get a DICOM viewer for macOS’](#)




Download [Share Options](#) ✕

[For Personal Use](#) [For Doctor](#)

 **View your records online**
93% of users agree access to their records helps them better advocate for their health. [Upgrade](#)

To store and view records offline, download them in DICOM format. This medical file format is used by doctors for diagnosis.

Format **DICOM**

 **Requires a medical viewer**
Regular photo viewer cannot open DICOM files

[Get a DICOM viewer for macOS](#)
We suggest looking into this viewer


[Download](#)



Download the viewer

3a

Click the link that says
'Download OsiriX Lite'*

 **OsiriX DICOM Viewer**
https://www.osirix-viewer.com › For Mac

Download OsiriX Lite

Get download link for **OsiriX Lite**. **OsiriX Lite** is the complete demo version of OsiriX MD. Are you a new user or did you already download **OsiriX Lite** from here?

People also ask

- What is OsiriX Lite?
- What is the difference between OsiriX Lite and OsiriX MD?
- How to install OsiriX Lite on Windows?
- What is OsiriX used for?

3b

Click **'New User'** and enter your information to get a free download link.

Get download link for OsiriX Lite

OsiriX Lite is the complete demo version of OsiriX MD.

Are you a new user or did you already download OsiriX Lite from here?
Not sure? Select "New User".

New User

Registered User

Email Address

paul.smith1964@gmail.com

Repeat Email Address

paul.smith1964@gmail.com

☒ This is a valid e-mail address.

Professional Activity

Patient

Country

Canada

☒ I have read and understood the [disclaimer](#), and I agree.

Get Download Link

3c

Follow the steps on the page until you
have downloaded **'OsiriX Lite'**

Thank you for downloading OsiriX Lite !

Your file is being downloaded

Once your download is complete, simply navigate to your **Downloads** folder and proceed to launch the installer to get started.

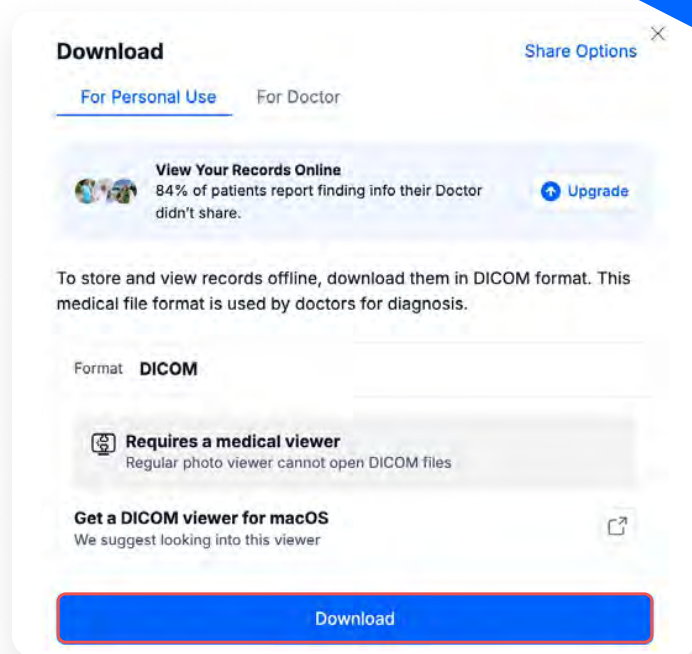


OsiriX_Lite.dmg

1 2 3 **4** 5 6 7 8

Download your selected records

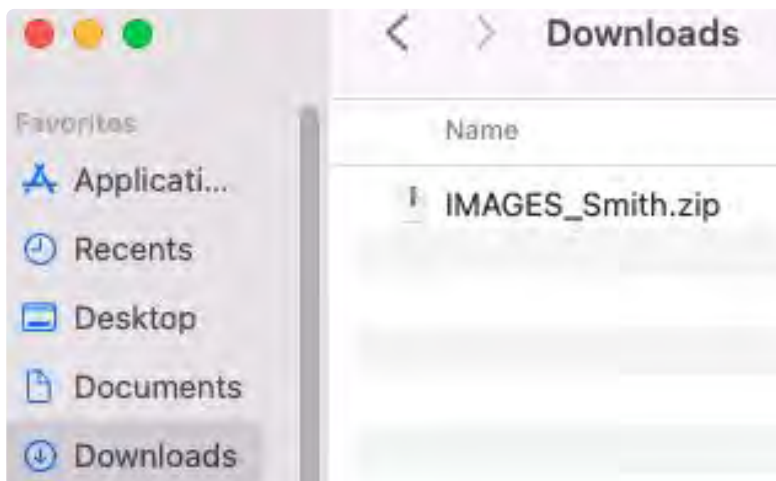
Return to PocketHealth and download the records you would like to store/view.



1 2 3 4 **5** 6 7 8

Extract your records

Go to your 'Downloads' folder and look for your records which will be named '**IMAGES_yourlastname**'. Once located, double-click the file to unzip the folder.



1 2 3 4 5 **6** 7 8

Open your records

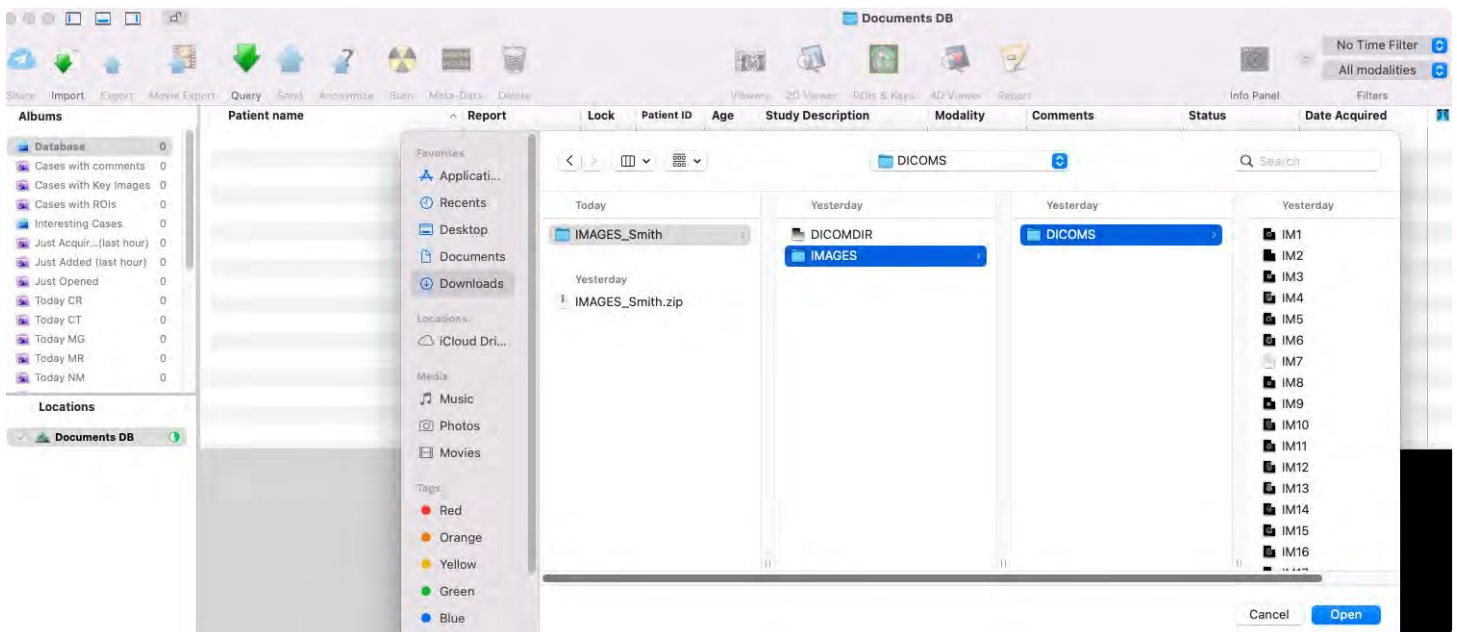
Find '**OsiriX Lite**' in the Applications folder and open it.



1 2 3 4 5 6 **7** 8

Import your records

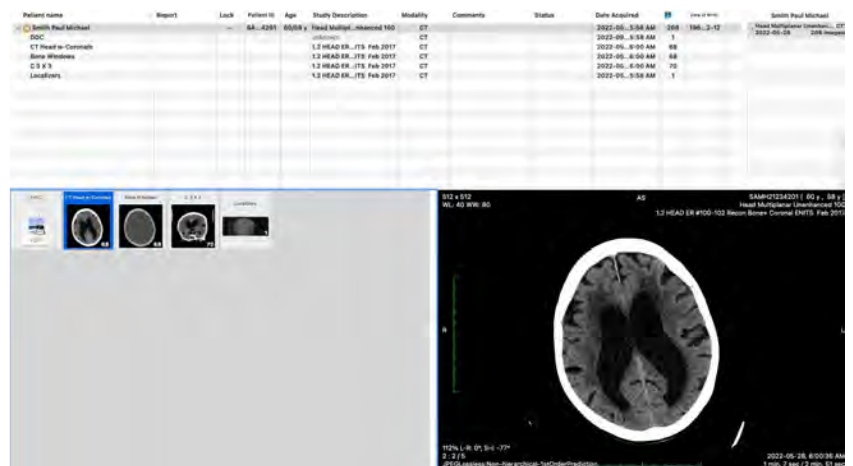
Once open click 'Import' in the top left corner. Find the folder that contains your imaging (and report if applicable) and click on the images folder → DICOMS and then select all of the files. Once done, click 'Open'



1 2 3 4 5 6 7 **8**

View your records

You will now be able to view all of your imaging (and report if included)



FAQs

Why is a viewer required?

PocketHealth stores medical images and reports in a file format called DICOM (Digital Imaging and Communications in Medicine) in order to provide diagnostic quality images and ensure that images and reports are not separated. These files can only be viewed using DICOM viewers.

Why doesn't PocketHealth convert the images to more commonly used formats (PDF, JPEG, PNG, etc.)?

Unlike traditional image file formats (like JPEG), DICOM files are diagnostic quality and include embedded "metadata" that is required by medical professionals. Because DICOM is the industry standard file format for medical images, your images need to be in this file format for your medical professionals to be able to safely store them and view them for diagnostic purposes.

What are the benefits of an Unlimited Membership?

An Unlimited membership gives you personalized insights and tools to advocate for yourself and your family's health. With this plan, you receive extra features such as:

- Get follow-up recommendation alerts
- Personalized questions to ask your doctor
- Bone Health Screening*
- Up to 4 family member profiles
- Storage for your health records including lab reports, prescriptions and vaccine receipts

*For eligible patients in select regions.

How do I upgrade my PocketHealth membership?

To upgrade your account, visit pocket.health/account. Sign in to your account and scroll down to the Subscription section. Choose between our Unlimited and Core annual plans.

[**Upgrade Today**](#)